



# Buffalo Ski Club

*Buffalo's Premier Family Ski Area*

## Youth Advanced and Competitive Programs

### **The Extreme Team \$300**

Eight 3 hour sessions  
Includes personal coaching at all BSC club races  
Helmet required  
Contact: [extreme@bscskiarea.com](mailto:extreme@bscskiarea.com)

Both our Ski and Snowboard Programs feature events, such as cookouts, a team sleepover and a year-end celebration. You are guaranteed to have an **eXtremely** fun time!

#### **Skiers** (6 years & up)

"Club within a club," for fun-loving young skiers who want to be part of a camp-like program. In addition to ski fundamentals, coaches focus on beginning skills in Racing and Freestyle. Moguls, Terrain Park and aerials are only some of the challenges awaiting our Extreme Team participants! A great deal of time is spent in structured free skiing, aimed at improving coordination and general technique. Safety is always stressed.

#### **Snowboarders** (8 years & up)

This program offers all the features of Extreme Team for Snowboarders. Have you ever thought about "grinding a rail" or "catching some air"? Now is your chance! Our coaches will teach the latest techniques to all future "slopestyle" stars. A great deal of time will be spent in our terrain park teaching a variety of skills, including riding the rails and small jumps, with an emphasis on safety and proper park etiquette.

### **Freestyle Team (6 to 18 years) \$360**

Coaching is provided at all events, helmet required.  
Contact: [freestyle@bscskiarea.com](mailto:freestyle@bscskiarea.com)

The Buffalo Ski Club Freestyle Program is one of the finest in the East and offers many opportunities to improve your skiing and gain self-confidence, all while having FUN!!

BSC's Freestyle Team Program is as competitive as is desired. Participants train at the Buffalo Ski Club. Basic, mogul, aerial and terrain park skills are developed. Safety is always emphasized. Training is provided three times per week, and the athlete decides how often he or she wants to train.

Meets are usually two-day events, sanctioned by the United States Ski Association, in which membership is required. Competing in these events may lead to qualifying for the Eastern Championship meet, where the best freestyle skiers in the East compete.

### **Freestyle Club Program (6 to 18 years) \$300**

Helmet required  
Contact: [freestyle@bscskiarea.com](mailto:freestyle@bscskiarea.com)

Train with the Freestyle Team at the club. Participants can compete at local events or stay at the club to train and work on their skills. No experience is required.

### **Council Racing (8 to 18 years) \$360**

80 hours practice & 48 hours coaching at competitive Races -Helmet required  
Contact: [racing@bscskiarea.com](mailto:racing@bscskiarea.com)

The Buffalo Ski Club Racing Program competes throughout Western New York. Prior experience is not required and focus is on development of general skiing ability, as well as specific racing techniques. Staffed with USSCA-certified coaches, the BSC Council Racing Program is a fun and safe way to reach your full ski potential, while skiing other resorts in both Western and Central New York.

Council racing is organized around age brackets and competitions occur at various resorts, usually on Sundays. All events are USSA & NYSSRA sanctioned and our older racers (ages 15 & up) can compete at any USSA-sanctioned event, building points to gain spots on various development teams, including the US Ski Team!

### **Club Racing (8 to 18 years) \$300**

Helmet Required  
Contact: [racing@bscskiarea.com](mailto:racing@bscskiarea.com)

Train with the Council Race Team at the club. Learn the fundamentals of Racing. This program does not include travel and is limited to 20 Participants.